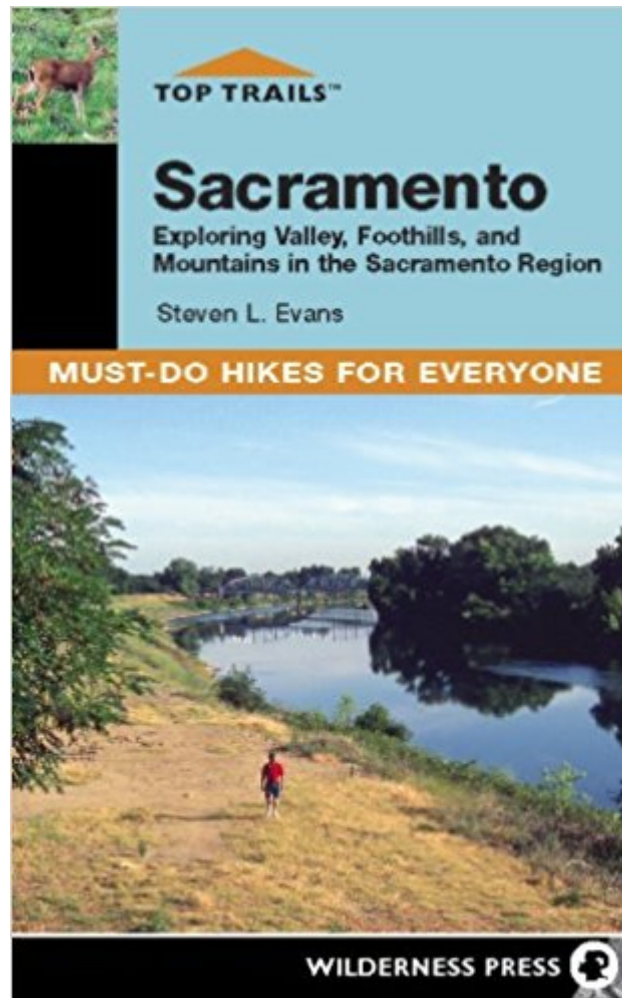




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Top Trails: Sacramento: Must-Do Hikes For Everyone



Synopsis

Near Sacramento, numerous trails access the Central Valley's wildlife-filled wetlands and traverse riverside forests and grasslands. In the Coast Range and Sierra foothills, trails lead to scenic waterfalls, wildflower-studded meadows, and high mountain lakes. Longtime Sacramento resident and intrepid hiker Steve Evans has selected the 43 "must-do" hikes, the majority of which are within two hours of the city. Whether you're looking for a scenic stroll, a full-day adventure, or even a spectacular alpine peak-bagging trip, you'll find it here. Trails ranging from 1 to 10 miles and sea level to 9000 feet, and each trip includes Near Sacramento, numerous trails access the Central Valley's wildlife-filled wetlands and traverse riverside forests and grasslands. In the Coast Range and Sierra foothills, trails lead to scenic waterfalls, wildflower-studded meadows, and high mountain lakes. Longtime Sacramento resident and intrepid hiker Steve Evans has selected the 43 "must-do" hikes, the majority of which are within two hours of the city. Whether you're looking for a scenic stroll, a full-day adventure, or even a spectacular alpine peak-bagging trip, you'll find it here. Trails ranging from 1 to 10 miles and sea level to 9000 feet, and each trip includes elevation profiles, detailed maps, driving directions, and "don't get lost" trail milestones. elevation profiles, detailed maps, driving directions, and "don't get lost" trail milestones.

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Customer Reviews

Steve Evans was born and raised in the Mojave Desert near the typically dry Mojave River. So when he moved up to Northern California in the 1970s to go to college, he discovered that most

rivers actually had water and fish in them. He began exploring the wild places of the Sierra Nevada and when he discovered that many of them were threatened by logging and other development, he became a full time environmental activist as well as a hike leader for the Sierra Club. Steve's environmental activism has always been motivated by the need to protect the wild places that have so generously provided him many outstanding outdoor experiences. Steve has been hiking and backpacking Northern California trails and running its rivers for more than 30 years. As a resident of the Sacramento region for the last 20 years, he is familiar the many trails in the valley, foothills, and mountains beloved by Sacramentans. It took Steve three years to hike the more than 235 miles of trails in Top Trails Sacramento, while continuing to work full time for Friends of the River (California's statewide river conservation organization). It's no coincidence that many of the trails lead to or follow some of the most scenic rivers and streams in the region. Top Trails Sacramento is Steve's first book for Wilderness Press.

Done two of these hikes so far- great resource! We're just starting to take our two kids (9 & 5 years old) out hiking and wanted some places that weren't too far from home. My husband and I are natives to the Sacramento valley and we'd never heard of some of the places listed and already have a few more hikes planned. Very happy with this book so far.

A lot of people think of Sacramento as a place that is "close" to everything -- the Bay Area, skiing, the Sierra -- but nothing to write home about. This book shows that Sacramento is a place in its own right for outdoor lovers. It has easy hikes for families and challenging ones for people who aren't shy about a little elevation gain. There are some Sierra gems -- after all, Sacramento is too close to the Sierra NOT to include some spots. But the book's great asset is in showing people what's close to home: where to go on the American River trail (on foot or bike), the Gold Country and in the flatlands. The author is an engaging writer and his descriptions are lovely enough to make you feel like you've gotten a little exposure if you don't get beyond armchair exploration. There's also essential stuff, such as whether DOGS are allowed (yay!), and where to find waterfalls.

cool

This book is essential for anyone who enjoys taking weekend hikes in the Sacramento region. I've walked many of the trails, representing the classic day hikes in striking distance from Sacramento, Davis or Winters. The book is logically organized and accurately describes many aspects of each of

the hikes. However, that is not to say that this book couldn't be improved. The regional maps and the local maps are too rudimentary. And, the driving directions are incomplete. You can't easily and reliably follow them to the trail head and they don't provide anywhere near enough information to keep you on the trail during the hike. I find that there is lots of trial and error. I'd appreciate more attention to getting to the hike and less description of every twist and turn of the trail. Do people really follow the book while they are hiking? Of course, when there is a fork in the trail, the description in the book is essential and it would be terrific to have these better highlighted. Amazingly GPS coordinates of the trailheads are not included -- it would be so easy to set the GPS and go (rather than struggle with the book while on the highway). This is the kind of book that would be better looseleaf -- it seems silly to carry the entire book while hiking. Also, I wish the typeface was larger so that I could read the book without glasses while on the trail. On days when I am well organized, I'll photocopy the relevant pages and slip them into my pocket. I hope that the author publishes a second edition of this book that every Sacramento weekend walker can't live without.

Great book! Well written and accurate descriptions of the trails. Highly recommended for anyone looking to hike in the Sacramento valley - even those with kids and/or pets.

On the surface the directions to the first hike we went on seemed easy enough. But once we were off the main highway none of the street names matched up. We got to the trailhead, but it was from our own reckonings, not from following the directions in the book. What I did find is that the turns were correct which makes me wonder if the street names just needs to be updated? Ok, if you know the area.

Great book for getting outdoors. Taken 4 trails since the book arrived and the author described the trails perfectly. Buy the book and take a hike today. Recommended!

After 20 years of hiking Bay Area trails, I recently moved to Sacramento. It took me years to find favorite trails after I moved to Oakland, but thanks to this book, I've got new favorite local trails in Sacramento already. The best part about this guide is that it offers something for every outdoorsperson, and goes beyond the usual hiking guide fare of whole day slogs to mountaintops. Don't get me wrong, those slogs are great for some days, and they're in here, too. But sometimes I've only got half a day, or want to spend time on the trail with my less active, less outdoorsy friends. This book has some cool, really local urban hikes for those times. The author also does a great job

of providing historical information to make the hike more interesting, and makes recommendations about dog and child friendly spots. Something for everyone! Top Trails Sacramento has been instrumental in helping me acclimate to my new home. I highly recommend it to both the avid hiker and anyone who is interested in exploring and learning more about the Sacramento region.

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